

Coventry Senior Center October 2025

172 Lake Street Coventry, CT 06238

Hours: Mon-Thurs 9AM-4PM, Fri 9AM-1PM

Billiards Table Available—Call to Schedule Your Game Today!

Mon	Tue	Wed	Thu	Fri
		<p style="text-align: right;">1</p> <p>9:30 Tai Chi</p> <p>11:00 Setback/Cribbage & More!</p> <p style="text-align: center;">Yom Kipper Begins at Sundown</p>	<p style="text-align: right;">2</p> <p>9:30 Strength & Balance</p> <p>9:30 Mahjongg</p> <p>1:00 Sewing Etc.</p>	<p style="text-align: right;">3</p> <p>10:00 Cardio Drumming</p> <p>11:30 Cornhole</p>
<p style="text-align: right;">6</p> <p>10:00 Chair Yoga</p> <p>9:00 Footcare w/ Kylie</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">7</p> <p>9:30 NEW Fitness with Anna S.</p> <p>1:00 Bingo</p>	<p style="text-align: right;">8</p> <p>9:30 Tai Chi</p> <p>10:45 Jam Session</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">9</p> <p>9:30 Strength & Balance</p> <p>9:30 Mahjongg</p> <p>1:00 Sewing Etc.</p>	<p style="text-align: right;">10</p> <p>10:00 Grief Support Group</p> <p>11:30 Cornhole</p>
<p style="text-align: right;">13</p> <p style="text-align: center;">CLOSED FOR COLUMBUS DAY</p>	<p style="text-align: right;">14</p> <p>9:30 NEW Fitness with Anna S.</p> <p>1:00 Bingo</p>	<p style="text-align: right;">15</p> <p>9:30 Tai Chi</p> <p style="text-align: center;">11:30 Out to Lunch</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">16</p> <p>9:30 Strength & Balance</p> <p>9:30 Mahjongg</p> <p style="text-align: center;">10:00 Creaser Park Brook Trail Hike (raindate: 10/17)</p> <p>1:00 Sewing Etc.</p>	<p style="text-align: right;">17</p> <p>10:00 Cardio Drumming</p> <p>11:00 Chess Club</p> <p>11:30 Cornhole</p>
<p style="text-align: right;">20</p> <p>No Chair Yoga</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">21</p> <p>9:30 NEW Fitness with Anna S.</p> <p>1:00 Bingo</p> <p>2:00 Tech Tuesday</p>	<p style="text-align: right;">22</p> <p style="text-align: center;">9:30 Apple Orchard & Lunch RSVP Req'd</p> <p>9:30 Tai Chi</p> <p>10:45 Jam Session</p> <p>11:00 Setback/Cribbage & More!</p> <p>1:30 Book Club</p>	<p style="text-align: right;">23</p> <p>9:30 Strength & Balance</p> <p>9:30 Mahjongg</p> <p style="text-align: center;">11:00 Town Council</p> <p>1:00 Sewing Etc.</p> <p style="text-align: center;">3-5:30 VACCINE CLINIC</p>	<p style="text-align: right;">24</p> <p>10:00 Grief Support Group</p> <p style="text-align: center;">10:00 Presentation: What's New with Medicare 2026</p> <p>11:30 Cornhole</p>
<p style="text-align: right;">27</p> <p>10:00 Chair Yoga</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">28</p> <p>9:30 NEW Fitness with Anna S.</p> <p>1:00 Bingo</p>	<p style="text-align: right;">29</p> <p>9:30 Tai Chi</p> <p style="text-align: center;">10:30 Crafternoon</p> <p>11:00 Setback/Cribbage & More!</p>	<p style="text-align: right;">30</p> <p>9:30 Strength & Balance</p> <p>9:30 Mahjongg</p> <p>1:00 Sewing Etc.</p>	<p style="text-align: right;">31</p> <p>10:00 Cardio Drumming</p> <p>11:30 Cornhole</p>