



## COVENTRY COMMUNITY UPDATE:

**September 2015**

...a periodic update of news and events around town.

### MANAGER'S MONTHLY MEMO:

September always comes much too soon but fall offers a lot to love in our town. Students return to the classrooms and we start a new chapter with a new preschool in conjunction with the district's long-standing partner, Coventry Early Childhood Center (NAYEC accredited).

The Town Council has authorized monetary funds to bring the farmers' market back under Town leadership for June 2016. To learn more go to our webpage or Facebook page. Consider volunteering. A forum for potential volunteers will take place on Monday, August 31<sup>st</sup> at 7:00 PM in the Town Hall Annex. Many thanks to the current volunteers for making the current market so special.

A reminder that the Rt. 275 Bridge is scheduled to be closed September 24<sup>th</sup> through November 24<sup>th</sup> to allow a replacement with a two-lane bridge by the State. Watch for our fall newsletter in late September for more project updates.

### UPCOMING TOWN MEETINGS:

- Thurs, 9/3: WPCA Meeting, 6:45 PM, DPW Conf. Room
- **Tues**, 9/8: Town Council Meeting: 7:30 PM, Town Hall Annex
- Thurs, 9/10: Board of Education, 7:30 PM, School Admin. Building
- Mon, 9/14: Planning & Zoning Commission, 7 PM, Town Hall Annex
- Mon, 9/21: Town Council Meeting: 7:30 PM, Town Hall Annex
- Weds, 9/23: Inland Wetlands Agency, 7:30 PM, Town Hall Annex
- Thurs, 9/24: Board of Education, 7:30 PM, School Admin. Building
- Mon, 9/28: Planning & Zoning Commission, 7 PM, Town Hall Annex

For a complete monthly calendar of other Board & Commission events, click [here](#).

**HOLIDAYS: 9/7 - Labor Day Holiday.** Town Hall, schools and Senior Center closed. Trash pick-up on [holiday](#) schedule.

### COMING EVENTS:

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| Fri   | 8/28 | <b>Ice Cream Social</b> , 1 PM, Coventry Senior Center, 172 Lake Street. Meet new people, take a tour, welcome our student intern, and help us kick off National Senior Center Month in September. Bring a friend! This event is free but please sign up in advance by calling 860-742-3525 so we can have plenty of tasty treats for everyone! <a href="#">Flyer</a> .   |
| Mon   | 8/31 | <b>Farmers' Market at Hale Homestead Volunteer Forum</b> , 7 PM, Coventry Town Hall Annex, 1712 Main Street. All current and potential volunteers interested in participating in the 2016 Market are invited to attend. A facilitated discussion will occur on how to best connect individuals with tasks. More information: Eric Trott, 860-742-4062 or email <a href="mailto:etrott@coventryct.org">etrott@coventryct.org</a> . |
| Thurs | 9/3  | <b>Cookbook Club</b> , 6 PM, Booth & Dimock Memorial Library, 1134 Main Street. Do you love to cook and try out new recipes? If so the Cookbook Club is for you! For this meeting we will all make our favorite recipe or a pick a new one from one of the library's magazines, and meet for a pot luck supper. The library will provide beverages. Info: 860-742-7606.   |

- Sun 9/6 **Coventry Regional Farmers' Market:** 11 AM – 2 PM. Sundays from June - October on the grounds of the Nathan Hale Homestead, 2299 South Street. Theme: Oysters & Beer. [Info.](#)
- Tues 9/8 **Teen Craft,** 3-4 PM, Booth & Dimock Memorial Library, 1134 Main Street. Feel free to drop in for some casual crafting. Today's craft: marble magnets. More Library teen events [here.](#)
- Weds 9/9 **Mobile Foodshare,** 10-10:30 AM, First Congregational Church, 1171 Main Street. An outdoor food distribution service for persons of low income. Please bring your own grocery bag. More [info.](#)
- Weds 9/9 **Teen Advisory Board,** 3 PM, Booth & Dimock Memorial Library, 1134 Main Street. Are you interested in getting involved in the library? We want your input! Help us decide what books and programs you are interested in seeing in the Teen Zone! Join us for an introductory session. Light snacks provided. Grades 6-12 welcome. Info: 860-742-7606.
- Thurs 9/10 **Smartphone Education,** 12 PM, Coventry Senior Center, 172 Lake Street. Tyler Wagoner from Verizon Wireless in Mansfield is coming on to teach you about using smartphone technology. He will provide lots of tips and tricks. The program is free. Sign up at the front desk or call the Senior Center at 860-742-3525 for more information.
- Thurs 9/10 **Tech Teardown,** 3-5 PM, Booth & Dimock Memorial Library, 1134 Main Street. Ever wonder what makes something tick? If so, join us for some tech teardown fun! We will be dissecting old computer towers, monitors, headphones, and printers to see exactly how they were constructed and what made them work. 9/10 & 9/24. Info: 860-742-7606.
- Sat 9/12 **Cocktails at the Homestead,** 5:30 – 8:30 PM, Nathan Hale Homestead, 2299 South Street. Connecticut Landmarks celebrates food, farms & Connecticut history. Signature cocktails and seasonal foods, Homestead tours, demonstrations, music, silent auction. All proceeds benefit education & programming at the Homestead. \$75 individual, \$150 patron. Reservations 860-247-8996 x 23, or purchase through [Eventbrite.](#)
- Sun 9/13 **Coventry Regional Farmers' Market:** 11 AM – 2 PM. Sundays from June - October on the grounds of the Nathan Hale Homestead, 2299 South Street. Theme: Controversial Condiments. [Info.](#)
- Mon 9/14 **Strength and Balance (Silver Sneakers),** 9:30 – 10:30 AM, Coventry Senior Center, 172 Lake Street. Certified Instructor Patty Flubacher guides participants through a series of exercises to increase strength and improve balance and flexibility. Class is held **every Monday from 9:30 a.m. to 10:30 a.m.** (There is no class on Monday, September 7 due to Labor Day.) Strength and Balance is covered through several health insurance companies. For other participants, each class is \$3. As a gift to the seniors, Patty is offering a **FREE class** for all participants (new or existing) on **Monday, September 14.** Try this class and let us know what you think!
- Tues 9/15 **Tiny Tots Storytime & Preschool Storytime,** 10:15 AM, Booth & Dimock Memorial Library, 1134 Main Street. Weekly Tuesday storytimes begin again. Tiny Tots Storytime for ages birth to 35 months and their caregivers that focuses on enriching your young child's life and supporting pre-literacy with nursery rhymes, songs, activities, and books at 10:15am followed by Pre-School Storytime for ages 3-5 and their caregivers that includes books, songs, rhymes, and a small craft or activity and helps to develop school ready skills at 11:30. Info: 860-742-7606.
- Tues 9/15 **ZUMBA Gold (Silver Sneakers),** 12:30 – 1:15 PM, Coventry Senior Center, 172 Lake Street. Certified Instructor Patty Flubacher guides participants through dance moves for improved cardiovascular health. Class

- is held **every Tuesday from 12:30 p.m. to 1:15 p.m.** This class is covered under Silver Sneakers for those with qualifying health insurance. For other participants, each class is \$3. As a gift to seniors, Patty is offering a **FREE class** for all participants (new or existing) on **Tuesday, September 15.**
- Tues 9/15 **Annual State of the Lake Forum**, 7 PM, Patriots' Park Lodge, 172 Lake Street. The Coventry Lake Advisory & Monitoring Committee and Land Use Office will host the 2015 Lake Forum. This year's topics include: review of 2014 aquatic invasive analysis results, review of draft Lake Management Plan prepared by the subcommittee, lake health report from Dr. Kortmann and a discussion on jet pack usage on Coventry Lake with State of CT DEEP staff. Info: 860-742-4062.
- Weds 9/16 **Parents Participating Together**, 6:30 PM, Booth & Dimock Memorial Library, 1134 Main Street. Do you have a child who is struggling in school? Come hear Amy Eisner, M.A., and learn how to get those extra services for your child from your school. See [www.help4specialeducation.com](http://www.help4specialeducation.com) for more information.
- Thurs 9/17 **All about SNAP (Supplemental Nutrition Assistance Program)**, 11 AM, Coventry Senior Center, 172 Lake Street. September is Hunger Action Month. Are you qualified for SNAP? Need help getting started? Brian Johnson from End Hunger, Connecticut will give a presentation. All ages welcome. Sign up at the front desk or call 860-742-3525.
- Thurs 9/17 **LEGO® Club**, 3:30-4:30 PM, Booth & Dimock Memorial Library, 1134 Main Street. We provide the bricks-- you provide your imagination. All ages. Info: 860-742-7606. **Thursdays 3:30-4:30** (*LEGO® is a trademark of the LEGO Group, which does not sponsor, authorize or endorse this program.*)
- Sun 9/20 **Coventry Regional Farmers' Market**: 11 AM – 2 PM. Sundays from June - October on the grounds of the Nathan Hale Homestead, 2299 South Street. Theme: Makers' Market & Farm to Shaker. [Info](#).
- Sun 9/20 **Homes Tour of Coventry**, 1-4 PM. Tour six remarkable Coventry houses that showcase the town's architecture & style, including the Homestead. Meet the owners & hear about their passion. More information [here](#). Reservation required. \$15/person; \$12 CTL members.
- Tues 9/22 **Teen Craft**, 3-4 PM, Booth & Dimock Memorial Library, 1134 Main Street. Feel free to drop in for some casual crafting. Today's craft: Instagram bookmarks. More Library teen events [here](#).
- Weds 9/23 **Mobile Foodshare**, 10-10:30 AM, First Congregational Church, 1171 Main Street. An outdoor food distribution service for persons of low income. Please bring your own grocery bag. More [info](#).
- Weds 9/23 **MSP and ME**, 10:30 AM, Coventry Senior Center, 172 Lake Street. If you have Medicare coverage and you are not already enrolled in one of the **Medicare Savings Programs** (QMB, SLMB, ALMB), then this is a must-see! Brian Naylor from Independence Northwest will give an informative presentation on how the program works and why it is so important. All ages welcome. Sign up at the front desk or call 860-742-3525.
- Weds 9/23 **Toddler\* Dance Party**, 1:30 PM, Booth & Dimock Memorial Library, 1134 Main Street. Come shake your sillies out while grooving to some awesome music! This is an open dance party and parents are encouraged to boogie as well! \*Open to walkers through preschoolers!\* Info: 860-742-7606.
- Fri 9/25 **Haunted Corn Maze**, 7-9:30 PM, Nathan Hale Homestead, 2299 South Street. A moderately scary walk through the corn maze brimming with spooks in the dark. Created by the Young Friends of Hale, this annual event features a different maze every year. Last tour leaves at 8:30 pm. Not

recommended for small children. \$8/person; \$25/family. Dates: 9/25, 9/26, 10/2 & 10/3. Sunday 10/4 rain date.

- Weds 8/26 **TVCCA Community Luncheon**, 12 PM, Coventry Senior Center, 172 Lake Street. Join us for **spinach, bacon and cheese quiche, Caesar salad, green beans and carrot cake**. The quiche lunch is \$5. Tickets need to be purchased at the Senior Center by Wednesday, August 19. Please call the Senior Center at 860-742-3525 for more information.
- Sun 9/27 **Coventry Regional Farmers' Market**: 11 AM – 2 PM. Sundays from June - October on the grounds of the Nathan Hale Homestead, 2299 South Street. Theme: Fiber Twist & Bead Bash. [Info](#).
- Weds 9/30 **Fall into Fall Prevention**: 10:30 AM, Coventry Senior Center, 172 Lake Street. It may only take a few seconds, but a fall can lead to many health complications. How can you do your best to prevent falls, whether during everyday activities or during slippery conditions? Join us for a dynamic presentation. We will be looking at falls from several perspectives. Our special guests are Karla Vince from Visiting Nurse and Health Services of Connecticut (VNHSC), Nancy Cucca, Lifeline Manager at A Caring Hand, certified personal trainer Mary Hurley from Sunshine-N-Daisies (and our Group Fitness Class!) and physical therapist Bruce Langevin from Bolton PT. Sign up at the front desk or call 860-742-3525.

**BEACH SEASON UPDATE:** Lisicke Beach closed for the season as of 7 PM on Sunday, 8/23. Patriots Park Beach is closed during 8/24-8/28 and will reopen for the weekends of 8/29-8/30 and 9/5-9/7, from 9 AM – 7 PM. Patriots Park will close for the season as of 7 PM on Monday, 9/7.

**PRESCHOOL NEWS:** Are you a Coventry resident who has a child age 3 or 4 that will be going to preschool in the fall? If so, you need to know about the Coventry Early Childhood Center (CECC). CECC serves 3 and 4 year old children and is the only NAEYC accredited preschool in Coventry. The Board of Education and CECC collaborate to offer an exceptional preschool experience for all children. The curriculum is based on the CT Early Learning Standards and is play based. For tuition details and exciting developments about the new preschool facility, click [here](#).

**RENTER'S REBATE PROGRAM - ELDERLY & DISABLED RENTERS:** Eligible persons may apply for the program **through October 1** and should contact Coventry Human Services Office (860-742-5324) for questions and to schedule an appointment. The Office of Policy and Management provides for payments ranging from \$50-\$900 to qualified married persons and \$50-\$700 to qualifying single persons. The rebate amount is based on a graduated income scale and the amount of rent and utility payments (excluding telephone) made in the previous calendar year.

**FOOD BANK PLEA:** The Coventry Food Bank shelves are in need of restocking. We are in need of the following non-perishable items; canned fruit, tomato sauce, ravioli, boxed potatoes, white/brown rice, breakfast items, jelly pancake mix, syrup, muffin mix, gluten free/salt free/sugar free items, coffee/tea, condiments: mayo, mustard, ketchup, paper products: napkins, paper towels, cleaning products: dish soap, laundry detergent, personal hygiene items: men/women deodorant, razors, shampoo/condition. We now have a freezer and fridge and can accept perishable items. Info: 860-742-5324.

**WINTER ENERGY ASSISTANCE:** The Access Agency in Willimantic has begun accepting applications for the CT Energy Assistance Program, and Coventry Human Services will also be taking applications for Coventry residents beginning September 14, 2015 on Tuesdays and

Thursdays by appointment only - call 860-742-5324 to schedule. Deliverable fuel will be authorized in mid-November.

Household Size	1	2	3	4	5	6
Annual Income	\$33,132	43,327	53,521	63,716	73,910	84,150

To list your event in next month's bulletin, contact Laura Stone at [LStone@coventryct.org](mailto:LStone@coventryct.org) by the 15<sup>th</sup> of the month.